

**BURBANK POLICE
DEPARTMENT**
200 N. THIRD ST.
BURBANK, CA 91502
818-238-3000



**COMING
EVENTS:**

- **POLICE
COMMISSION
MEETING,
WEDNESDAY,
SEPTEMBER
17, 2014 AT
6:00 PM**

**INCLUDED IN
NEWSLETTER**

- SPOTLIGHT!
- CRIME STATS
- HUMOR
- PUBLIC
INFORMATION:
- CONFLICT
MANAGEMENT
- CREATING
HACKPROOF
PASSWORDS
- FEATURE OF THE
MONTH:
NATIONAL NIGHT
OUT, AUGUST 5,
2014 (PAGES 1 & 4)



NEWS AROUND BURBANK

AUGUST 2014

SPOTLIGHT!

NATIONAL NIGHT OUT: TUESDAY, AUGUST 5, 2014



The 31st annual National Night Out (NNO), held on Tuesday, August 5, 2014, was a huge success. The Police Department held a community block party in the rear parking lot of the Police Station, which was visited by over 500 participants. Another 800 community members participated in an additional 20 block parties held around the city. The purpose of NNO is to: 1- heighten crime prevention awareness, 2- generate support for, and participation in, local

anti-crime programs, 3- strengthen neighborhood spirit and police-community partnerships and 4- send a message to criminals that neighborhoods are organized and fighting back.



WEEKLY CRIME STATS - JULY 2014

CRIME:	June 29-July 5	July 6-12:	July 13-19:	July 20-26:	July 27-Aug 2:	YTD 2014	YTD 2013	% Change
Robbery	0	1	0	1	1	30	33	-9%
Aggravated Assaults	0	0	2	1	2	37	65	-43%
Other Assaults	5	6	6	6	13	200	219	-9%
Burglary	3	4	5	2	6	179	190	-6%
Auto Theft	3	1	4	2	4	102	130	-22%
CALLS FOR SERVICE	922	927	890	877	917	26,075	25,984	0%
RESPONSE TIMES:								
* Priority 1	2:20 mins	2:52 mins	4:23 mins	3:29 mins	3:00 mins	3:40 mins	4:27 mins	-18%
** Priority 2	14:33 mins	13:06 mins	12:55 mins	13:07 mins	13:59 mins	14:06 mins	15:02 mins	-6%

* Life Threatening or violent crimes in progress

** Average time for all other calls

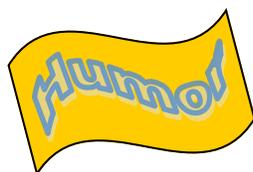
CONFLICT MANAGEMENT

Conflict is a fact of life. Although many people think only of its ugly or unfortunate results, some conflict is actually necessary and good. It all depends on how a particular conflict is handled. Children, like adults, face many conflicts in their lives. Maybe someone teases a child, a best friend suddenly does not want to be best friends anymore, or the "in" group at school will not let him or her sit with them in the cafeteria. Children also encounter conflicts at home, often involving possessions, responsibilities, or privacy. In their neighborhoods, they may have to deal with older children who bully and threaten them. As they grow older, they may face difficult moral decisions as they deal with peer pressure to try drugs and alcohol.

Children learn how to manage conflict in the same way they learn to do many other things: by watching what goes on around them. They learn from you; from teachers and other adults; from other children; from television, movies, and other media. How can we all help them learn the best strategies? Here are some tips:

- Give your child some special time each day. This may be really tough in today's busy world, but experts tell us that 20 minutes of positive adult attention per day dramatically reduces children's aggressive behavior.
- Teach your child to ask for attention constructively. Sometimes the purpose of a fight with a brother or sister is to get attention. Encourage your child to ask for attention by expressing needs. Find your child doing something right. Praise your child for doing well, rather than reprimanding them when mistakes are made.
- Teach your child to recognize the feelings of others. You can point out when someone is happy, sad, scared, worried, and so on. When children learn to recognize what someone else is feeling, they are better able to respond appropriately.
- Listen first, then help your child negotiate a solution. Acknowledge your child's feelings about a conflict before helping to work out a solution.
- Use positive methods to discipline your child. Avoid yelling at them or using physical punishment. Through your example, your child will see that force is not the best or only choice.

(Source: nccp.org/topics/conflict-resolution)



Yes officer, I did see the 'speed limit' sign, I just didn't see you.



Creating hack-proof passwords

"The most secure passwords are the longest passwords," says expert Denny Cherry, author of *The Basics of Digital Privacy*. But how can you *remember* them if they're so long? "By having fun and getting creative," suggests Steve Weisman (scamicide.com), author of *50 Ways to Protect Your Identity in a Digital Age*. "Just use a memorable phrase such as 'I don't like passwords' and remove the spaces. Including an apostrophe makes it more secure! Now make it even better by adding a few exclamation marks: 'Idon'tlikepasswords!!!'. Tack on another symbol to the end, like a dollar sign, and you've got something *really* hard to break: 'Idon'tlikepasswords!!!\$'"

Making tiny tweaks!

Experts advise changing your passwords every few months, but that can be a hassle. The fix? Instead of starting from scratch, just tweak existing passwords slightly, says Karen Lodrick, a former victim of identity theft. "Say you have a password that's a combination of letters and symbols", she says, "just tweak it slightly by adding a date on the end that's easy for you to remember. You don't have to make major changes to passwords to ward off hackers."

Stashing them in a "safe"!

Wish there was a way to keep passwords under lock and key? There is! "KeePass Password Safe is a 'password vault'," says Cherry. "Simply go to KeePass.info to install the free software on your computer and use it to securely store all your usernames and passwords. In its search box, you can type in a website e.g. Amazon, and up will pop the password you used. You'll need a password to open the vault - but this way you only need to remember one!" Just how safe is the safe? KeePass uses the same state-of-the-art password protection technology as the federal government, specifically the National Security Agency (NSA).

Keeping viruses out!

You already know you should not click links or attachments sent from an unfamiliar email address because a virus may be using them to hitch a ride into your computer. But what should you click? "Software updates!" says Lodrick. "Most of us don't realize that those little software updates that pop up on your browser are actually like antivirus booster shots - the good guys behind the scenes pack them with security updates!"

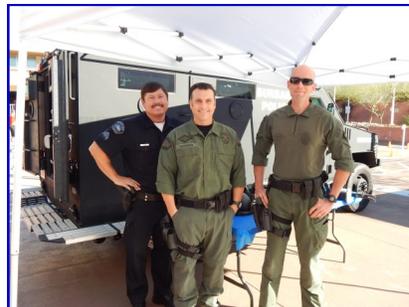
TIP: To download a free anti-virus program for your computer, try one of Weisman's favorites: MalwareBytes.org, or Free.Avg.com/us-en/homepage.

Websites: FightingBackNow.com (Karen Lodrick); Scamicide.com (Steve Weisman); Consumer.FTC.gov:

(Sources: Denny Cherry, Steve Weisman; Karen Lodrick)

FEATURE OF THE MONTH

National Night Out (continued)



**Our mission is to protect life and property, provide professional police services,
and work in partnership with the community.**

This is accomplished through adherence to core values:

RESPECT

**Protect the rights and dignity of all people as determined by the United States Constitution
and the laws of the State of California**

INTEGRITY

**Commitment to ethical behavior and acceptance of individual responsibility and accountability
for all our actions and decisions**

EXCELLENCE

Quality through continuous improvement