

BURBANK POLICE  
DEPARTMENT  
200 N. THIRD ST.  
BURBANK, CA 91502  
818 238-3000  
WWW.BURBANKPD.ORG

POINTS OF  
INTEREST

- POLICE COMMISSION MEETING WEDNESDAY, JUNE 15, 2016 at 6:00PM
- MAY 19-JUNE 1, 2016: [CLICK IT OR TICKET CAMPAIGN](#)

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MAY 2016

BURBANK PD EXPLORER TEAM COMPETES  
AND BRINGS HOME MEDALS



The Burbank Police Explorer Team took part in the Fifth Annual North Los Angeles County Sheriff's Department Explorer Competition on April 2-3, in Castaic. Explorers and Advisors competed in several different real life-like scenarios and physical training events. The events ranged from active

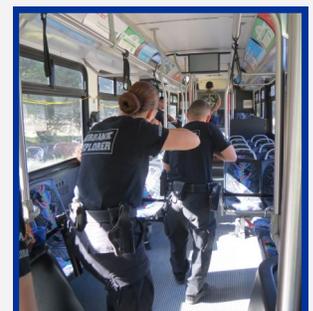
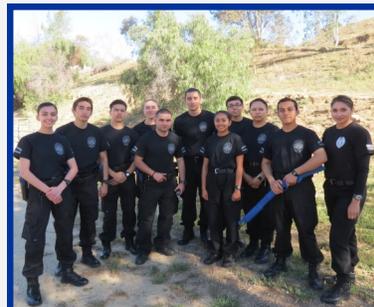
shooter incidents to domestic violence investigations. This year, the Explorers competed against 33 teams consisting of 337 Explorers and 91 Advisors from all over California, Nevada and Arizona.

The Burbank Explorer competitors were Diana Sanchez, Aram Aleksanyan, Diana Agdashian, Kristian Calderon, Andy Gutierrez, Luda Ulrich, Evelyn DeAnda, Robert Linares, Joseph Rangel, and Tricia Valadez.

The Burbank Explorers took 4th place in the Domestic Violence/Family Disturbance scenario team competition.

***We also took home 6 individual medals, including:***

- ◆ Explorer Luda Ulrich placed 3rd in the 3 mile run.
- ◆ Advisor Dustin Rodriguez took 2nd place in the Male Advisor obstacle course.
- ◆ Advisor Cindy Guillen won 1st place in the Female Advisor 1.5 mile mud run and Female Advisor obstacle course.



## SUMMER IS ALMOST HERE AND HEAT ILLNESSES CAN BE FATAL

**KEEP  
CALM  
AND  
STAY  
HYDRATED**

Heat-related illnesses can escalate rapidly, leading to delirium, organ damage and even death. There are several heat-related illnesses, which are outlined below with a few tips on how to attend to anyone in distress:

### Heatstroke:

Heatstroke can occur when the ability to sweat fails and body temperature rises quickly. Heatstroke is often fatal, and those who do survive may have permanent damage to their organs. Make sure you:

- ◆ Move the person into a half-sitting position in the shade
- ◆ Call for emergency medical help immediately
- ◆ Do not give aspirin or acetaminophen, or anything to drink



### Heat Exhaustion:

When the body loses an excessive amount of salt and water, heat exhaustion can set in. Uncontrolled heat exhaustion can evolve into heatstroke, so make sure to treat the victim quickly:

- ◆ Move them to a shaded or air-conditioned area
- ◆ Give them water or other cool, nonalcoholic beverages
- ◆ Apply wet towels or have them take a cool shower

### Heat cramps:

Heat cramps are muscle spasms that usually affect the legs or abdominal muscles, often after physical activity. Excessive sweating reduces salt levels in the body, which can result in heat cramps. Make sure you:

- ◆ Sit or lie down in the shade.
- ◆ Drink cool water or a sports drink.
- ◆ Stretch affected muscles.

The best way to avoid a heat-related illness is to limit exposure outdoors during hot days. Air conditioning is the best way to cool off, according to the Centers for Disease Control. Also:

- ◆ Drink more liquid than you think you need, avoid alcohol
- ◆ Wear loose, lightweight clothing and a hat
- ◆ Avoid spending time outdoors during the hottest part of the day, from 11a.m. to 3p.m.
- ◆ Wear sunscreen; sunburn affects the body's ability to cool itself

For more in-depth information, refer to the Centers for Disease Control website by clicking on the following link:

<http://emergency.cdc.gov/disasters/extremeheat/heattips.asp>



## Weekly Crime Statistics: April 2016

CRIME:	Mar 27-Apr 2:	Apr 3-9:	Apr 10-16:	Apr 17-23:	April 24-30:	YTD 2016	YTD 2015	% Change
Robbery	1	3	0	0	0	17	15	13%
Aggravated Assaults	1	3	0	2	1	30	17	76%
Other Assaults	9	10	14	5	8	140	112	25%
Burglary	6	8	5	8	9	138	91	52%
Auto Theft	3	5	3	7	7	79	62	27%
<b>CALLS FOR SERVICE</b>	<b>880</b>	<b>984</b>	<b>942</b>	<b>927</b>	<b>954</b>	<b>15,795</b>	<b>14,353</b>	<b>10%</b>
<b>RESPONSE TIMES:</b>								
* Priority 1	3:10 mins	2:23 mins	2:24 mins	3:43 mins	4:40 mins	3:16 mins	3:16 mins	0%
** Priority 2	15:00 mins	16:27 mins	16:38 mins	15:39 mins	16:13 mins	14:47 mins	13:28 mins	10%

\* Life-threatening or violent crimes in progress    \*\* Average time for all other calls

## PROTECT YOURSELF FROM IDENTITY THEFT



**Every 2 seconds, someone's identity gets stolen.** [IdentityTheft.gov](http://IdentityTheft.gov) is a new tool victims can use to report what happened, build a recovery plan, and put that plan into action.



What's at risk when someone steal's your identity? A scammer may open up credit card accounts in your name, get a medical procedure you end up paying for, apply for a job or even file tax returns so they can collect your refund. With [IdentityTheft.gov](http://IdentityTheft.gov), victims first answer some questions about what happened. Based on the answers, the site develops a step-by-step recovery plan. For example, your recovery plan may include pre-filled letters you can use to deal with credit bureaus, businesses, and debt collectors. As you move through your personalized recovery plan, you can return to [IdentityTheft.gov](http://IdentityTheft.gov) to track your progress.

[IdentityTheft.gov](http://IdentityTheft.gov) is also a useful resource if you know your data has been breached but you're not sure how. Identity theft is the most common type of fraud nationwide, and it's here to stay, but you can protect yourself.

*(Source: Fraud Watch Network)*





BURBANK POLICE  
FOUNDATION



# National Police Week

## Burbank Police Department Fallen Officers

Deputy City Marshal Luther  
Colson

EOW: 11/16/1914

Deputy City Marshal Robert L.  
Normand

EOW: 7/30/1920

Officer Joseph R. Wilson

EOW: 6/17/1961

Officer Richard E. Kunkle

EOW: 9/22/1961

Matthew Pavelka

EOW: 11/15/2003

In 1962, President Kennedy proclaimed May 15 as National Peace Officer Memorial Day and the calendar week in which May 15 falls, as National Police Week. Established by a joint resolution of Congress in 1962, National Police Week pays special recognition to those law enforcement officers who have lost their lives in the line of duty for the safety and protection of others.

The National Law Enforcement Officers Memorial is located in Washington, DC and is the nation's monument to law enforcement officers who have died in the line of duty. Dedicated on October 15, 1991, the Memorial honors federal, state and local law enforcement officers who made the ultimate sacrifice for the safety and protection of our nation and its people.

Currently the BPF offsets a portion of the travel expenses of two randomly chosen members of the Burbank Police Officers' Association to attend the yearly celebration of those officers' lives.

"It is not how these officers died that made them heroes, it is how they lived." Vivian Eney Cross, Survivor.

