



Events:

National Night Out August 2

In This Issue:

Traffic Enforcement & Education
Page 2

National Night Out
Page 3

Community Engagement
Page 4

Back to School Traffic Safety
Page 5

MHET in a Minute
Page 6

Recruitment
Page 7

Burbank Police Department
200 N. Third St., Burbank, CA 91502
Non-emergency: (818) 238-3000
For emergencies, dial 911
www.BurbankPD.org



BURBANK POLICE DEPARTMENT Community Newsletter | August 2022

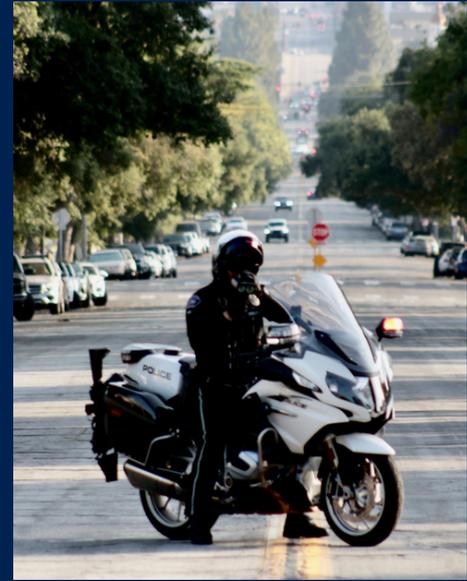
National Night Out 2022

On August 2nd, the Burbank Police and Fire Departments will join neighbors and community members for National Night Out at Johnny Carson Park. This annual event promotes police-community partnerships and neighborhood camaraderie to help make the City of Burbank a safer, more caring place to live and work. This event provides a great opportunity to bring the police and neighbors together under positive circumstances and display a true sense of community.



Traffic Enforcement & Education

The Burbank Police Department is committed to ensuring the safety of the citizens in our community. Impairment, speeding, street racing, and other dangerous driving behaviors jeopardize the safety of other people on the road. We continue to enforce traffic laws with the goal of reducing collisions, educating the citizens in our community, and keeping our community safe. This is achieved through the establishment of preventative patrols to manage specific categories of unlawful driving behavior.



Traffic enforcement strategies are based on collision data, enforcement activity records, traffic volume, and traffic conditions. Several methods contribute to our overall goal:

arrests, citations, warnings, and education. Through these methods and efforts, we strive to educate our community on the importance of safe driving and we aim to keep our community safe.

Traffic Bureau Stats: July 2022

DUI Arrests

29

Citations

575

Documented Collisions

52

DO YOU KNOW SOMEONE WHO SPEEDS?

ILLEGAL STREET RACING:



According to the CHP, street racing has increased 27% in L.A. County* and has caused three times as many traffic collisions in 2021 as compared to 2020, as well as deaths in the Burbank community.

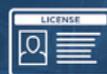
STREET RACING PENALTIES:



Being arrested and vehicle impounded for 90 days



Imprisoned for up to three months and fined up to \$1,000



Driver's license can be suspended and/or revoked



Car insurance may be cancelled or the rates dramatically increased



Spectators of illegal street racing are also subject to criminal prosecution



**POLICE
DEPARTMENT**



America's National Night Out Against Crime!

- ★ BURBANK POLICE OFFICERS
- ★ FUN FAMILY ACTIVITIES
- ★ POLICE VEHICLES AND HELICOPTER
- ★ FOOD AND REFRESHMENTS
- ★ EXHIBITORS
- ★ GIVEAWAYS



Tuesday, August 2nd from 5:30pm-8:30pm
Johnny Carson Park
400 Bob Hope Dr, Burbank Ca 91505



For more information, contact
the Burbank Police Department
Community Resource Officers at
(818) 238-3235

Community Engagement



Ready Burbank

BE PREPARED • BE INFORMED
Register for the Burbank Emergency Alert System
www.READYBURBANK.org



Back to School

Traffic Safety

With the new school year upon us, the Burbank Police Department would like to remind the community that traffic safety around our schools is everyone's responsibility. By following a few simple rules and tips, parents and students can assist the Burbank Police in creating a safe environment for everyone near our schools.

The Burbank Police Department is providing the following "Do's and Don'ts" for traffic safety near schools:

DO:

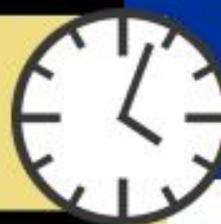
- Be patient, especially in heavy traffic. Slow down, plan ahead, arrive early
- Use the safe delivery/valet drop-off areas when and where available
- Always pull to the curb when dropping children off
- Have your child exit your vehicle on the right (sidewalk side)
- Stay alert and refrain from using cell phones or other distractions
- Park your vehicle in the appropriate areas, obeying all posted parking restrictions
- Obey all traffic laws and speed limits

Don't:

- Park or leave your vehicle unattended in the drop-off areas
- Block driveways or stop/park in red zones
- Stop your vehicle in the middle of the street to let your child in or out of your vehicle
- Walk between vehicles in the drop-off areas
- Allow your child to cross the street outside of designated crossing zones
- Pass vehicles on the wrong side of the road

BURBANK POLICE DEPARTMENT

MHET in a Minute



Mental Health
Evaluation Team (MHET)
VOL XXII
August 2022



Ways to Support Children's Mental Health

- Beginning a new school year usually comes with some anxiety, but this year students may need a lot more support before they're ready to learn
 - ◊ 70% of U.S. public schools have reported an increase in students seeking mental health services since the start of the COVID-19 pandemic
 - ◊ Isolation, changes in education and effects of the pandemic have resulted in an increase in domestic violence, drug abuse, child abuse and other issues
- The following may be concerns children experience when returning to school: Navigating school rules and routines, increased anxiety and fear, navigating face to face social interactions, knowing how to access help
- The following are tips to help ease back to school anxiety for both students and parents:
 - ◊ Give students time to adjust and provide a safe space to share their feelings
 - ◊ Communicate with child, child's teachers and school
 - ◊ Emphasize self-care (e.g., focus on sleep, proper nutrition, physical exercise)
 - ◊ Impose structure in family life (e.g., mealtime, homework, bedtime routine)
- Mental Health America's [Back to School Toolkit](#) offers additional information on how feeling unsafe can impact youth's mental health and school performance
- If you would like assistance in obtaining mental health resources, contact [ACCESS Hotline](#) or MHET
- MHET takes the initiative to follow-up on every child that is placed on a mental health commitment to link them and their families to mental health resources and prevent future hospitalizations

Sources: [Kids' Minds Matter](#), [Mental Health America](#), [UNICEF](#), [Child Mind Institute](#)

COMMUNITY RESOURCES

[Family Service Agency of Burbank \(FSA\)](#), (818) 845-7671, 2721 W. Burbank Blvd., Burbank: Provides crisis intervention, clinical counseling, and violence prevention services and education for youth, teens, adults, and families.

[ROWI Teen & Parent Wellness Center](#), (805) 356-3477: Provides ages 12-18 Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), and counseling/coaching classes for parents.

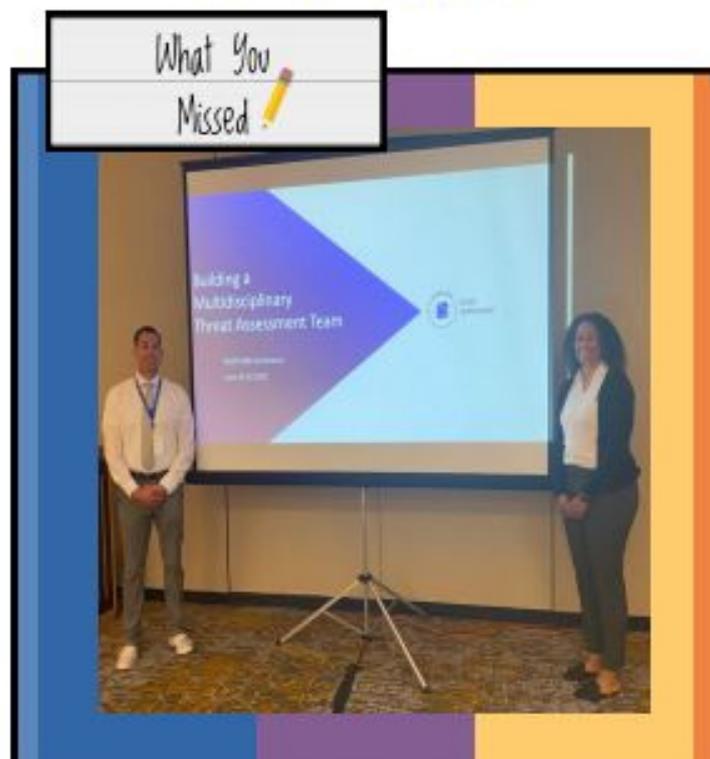
988 SUICIDE & CRISIS
LIFELINE

24/7 CALL, TEXT, CHAT

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States.

988 is for anyone experiencing mental health-related distress, whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can dial 988 if they are worried about a loved one who may need crisis support.

To learn more, [click here!](#)



In June, MHET Officer Kyles and School Resource Detective D. Rodriguez were invited to present at Wisconsin's national school resource officer conference. They taught law enforcement agencies "How to Build a Multidisciplinary Threat Assessment Team," a practical approach and response to school threats.



POLICE
DEPARTMENT

Contact MHET at 818-238-3391 or BMHET@burbankca.gov

BURBANK POLICE DEPARTMENT NOW HIRING



POLICE OFFICER

\$89,114 - \$111,291 ANNUALLY

APPLY ONLINE

BurbankPD.org/Recruitment



Join Our Team. Wear Our Badge.

BENEFITS

- Medical, Dental and Vision insurance
- 104 to 184 hours of vacation time awarded annually, based on years of service
- Ten (10) paid holidays per year, plus two additional "floating" holidays earned annually
- PEPRCA CalPERS retirement pension of 2.7% at age 57
- Lateral candidates who are classic CalPERS members retain 3% @ 50

ADDITIONAL INCENTIVES

- Monthly education pay for Associate (\$192), Bachelor (\$302), and Master Degrees (\$495)
- Bilingual pay of \$1,200 annually
- Up to 75% tuition reimbursement
- Annual uniform allowance
- P.O.S.T. Certificate incentives
- 3/12 patrol schedule
- Longevity pay

OPPORTUNITIES

SPECIALTY ASSIGNMENTS:

- Field Training Officer
- Air Support
- S.W.A.T.
- K-9 Unit
- Investigations
- Traffic/Motors
- Community Resource Officer
- School Resource Officer
- Gang Enforcement
- Bicycle Patrol
- Mental Health Evaluation Team



**POLICE
DEPARTMENT**

Respect ◆ *Integrity* ◆ *Excellence*

WHAT IS 988?

988 is the new nationwide **three-digit number now available for suicide and mental health crisis, available to everyone in the U.S.**

This easy-to-remember number will route callers to the 988 Suicide and Crisis Lifeline network, where compassionate, accessible care and support are available for anyone experiencing a mental health-related emergency – whether that is thoughts of suicide, a mental health or substance use crisis or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support.

What to expect when you contact 988

The goal of the 988 Lifeline is to provide free, 24/7, confidential, immediate crisis intervention and support. Here's how it works:



- 1 If you call 988, **you'll hear a message that you've reached the Lifeline.** If you are a veteran, you can press "1" to reach the Veterans' Crisis Line or "2" to reach Spanish-speaking crisis counselors for the Lifeline.
- 2 If you don't select either option, or if you text or chat, **a trained crisis counselor will answer.** (For texters, you will be prompted to text 838255 if you want to reach the Veterans' Crisis Line.)
- 3 **Spanish crisis services are available for callers to 988,** and translation services are available in more than **150 additional languages.** TTY is available for deaf or hard-of-hearing callers by dialing 711 then 1-800-273-8255.
- 4 The counselor will engage you to **understand how your or loved one is impacted** and what help you might need.
- 5 The counselor will provide **support and share resources and referrals.**

* In some communities, the crisis line may be able to connect you to additional services or follow up with you to ensure you've connected with care (note: not all communities currently have this capacity).

Additional resources

There are additional resources if you are not experiencing a crisis, but seeking information, referrals and support



NAMI HelpLine (1-800-950-6264) is a free peer-support service providing information, resource referrals and support for people living with a mental health condition, their family members and caregivers, mental health providers and the public. While the NAMI Helpline allows you to speak with a peer who can connect you to NAMI resources, it is **not a hotline, crisis line, or a suicide prevention line.** It is available M-F from 10 A.M. to 10 P.M. ET.