



Burbank Police Department

Michael Albanese, Chief of Police

LESSON PLAN

LESSON TITLE: First Aid / C.P.R. / A.E.D.
INSTRUCTORS: Various; Rio Hondo Community College
LESSON TOTAL TIME: 8 hours
TRAINING DATE(s): June – July 2023
LEARNING OBJECTIVE: Refresher course that focuses on Cardiopulmonary Resuscitation, basic first aid application and automated external defibrillator
COMPLETION STANDARDS: Practical application and written exam with 80% passing score
INSTRUCTIONAL METHOD: Lecture / demonstration / practical performance / written exam
INSTRUCTIONAL MATERIALS: PowerPoint, training videos, demonstration trauma/first aid kits; C.P.R. training mannequins, A.E.D. devices
APPROVAL: Sergeant A Kendrick

Content	Instructor Notes
Lecture, Discussion, Instruction, and Practical Application Written examination	<ul style="list-style-type: none">• Sworn and Civilian employees will attend an 8-hour training course, mandated to be completed every two years.• Attendees will learn through lecture and will successfully complete the course by demonstrating proficiency in administering C.P.R. and basic first aid through practical exercises and a final written exam.