

Burbank Police Department

Michael Albanese, Chief of Police

LESSON PLAN

LESSON TITLE: First Aid / C.P.R. / A.E.D.

INSTRUCTORS: Rio Hondo Community College

LESSON TOTAL TIME: 8 hours

TRAINING DATE(s): October – November 2021

LEARNING OBJECTIVE: Refresher course that focuses on Cardiopulmonary Resuscitation,

basic first aid application and automated external defibrillator

COMPLETION STANDARDS: Practical application and written exam with 80% passing score

INSTRUCTIONAL METHOD: Lecture / demonstration / practical performance / written exam

Instructional Materials: PowerPoint, training videos, demonstration trauma/first aid kits;

C.P.R. training mannequins, A.E.D. devices

APPROVAL: Sergeant A Kendrick

Content	Instructor Notes
Lecture, Discussion, Instruction, and Practical	Sworn and Civilian employees will attend an
Application	8 hour training course, mandated to be completed every two years
Written examination	 Attendees will learn through lecture and will successfully complete the course by demonstrating proficiency in administering C.P.R. and basic first aid through practical exercises and a final written exam.