



Burbank Police Department

Michael Albanese, Chief of Police

LESSON PLAN

LESSON TITLE: CA POST De-escalation: Enhancing Strategies for Everyday Encounters
DATE(S) OF INSTRUCTION: June – September 2023
INSTRUCTORS: Various; California POST
LESSON TOTAL TIME: 4 Hours
LEARNING OBJECTIVE: Reinforce, strengthen, and demonstrate de-escalation techniques and skills for police officers.
COMPLETION STANDARDS: Scenario-based interaction with quizzes and exams.
INSTRUCTIONAL METHOD: View Online Course
RESOURCES NEEDED: Computer with Internet Access
LESSON PLAN REVISION DATE: June 2023
APPROVAL: SERGEANT A KENDRICK

Content	Instructor Notes
Lecture, Discussion, and Instruction	Provide law enforcement with the understanding of de-escalation, both in definition and practice.
Practical Application	View scenario-based examples and correctly answer questions related to content.
