



Burbank Police Department

Michael Albanese, Chief of Police

TRAINING PLAN

COURSE TITLE: Arrest/Control and Defensive Tactics
INSTRUCTOR(S): Various
LESSON TOTAL TIME: (4) hours
TRAINING DATE(S): Various dates throughout October 2024
LEARNING OBJECTIVE(S): To provide updated POST training on arrest and control/defensive tactics, review applicable policies, and case law updates
COMPLETION STANDARDS: All sergeants and below must attend
INSTRUCTIONAL METHOD: Lecture/Practical Application/Demonstration
LESSON PLAN REVISION DATE: 2024
APPROVAL: Sergeant J. Dugas

Content	Instructor Notes
Lecture, Discussion, Instruction, and Practical Application	<ul style="list-style-type: none">• Review BPD Policies 300, 500, and 308• Discuss Felony Traffic Stop procedures• Combatives• Baton training• Suspect management• Basic Takedowns
Drills	<ul style="list-style-type: none">• The student will demonstrate the understanding of the above techniques through physical demonstrations and scenarios